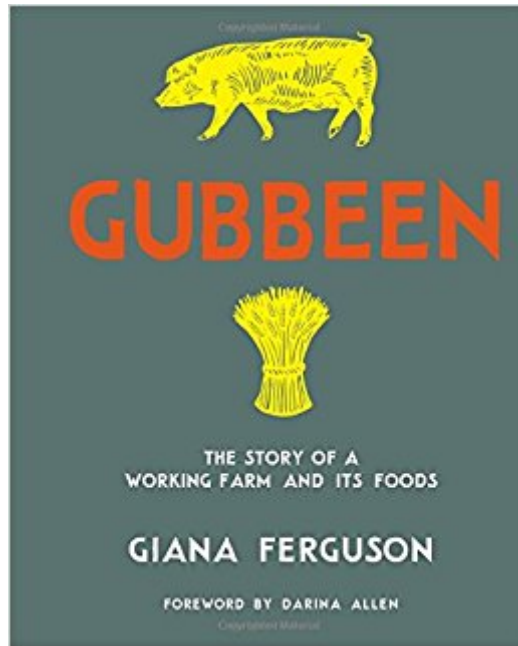




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Gubbeen: The Story Of A Working Farm And Its Foods



Synopsis

This is an exceptional insight into the running of a farm that follows traditional ways of growing food and rearing animals. The Ferguson family produces more than 50 different types of foods off the West Cork Gulf Stream, Ireland, where their farm is located. Into the family's sixth generation of toil and labor on the scenic Gubbeen farm, the Fergusons strive to keep the land productive and healthy, ensuring biodiversity, sustained environment and animal welfare. Tom and Giana and their children, Fingal and Clovisse, take you through the inner workings of each of their specialties: looking after animals (poultry, pigs and cows), cheese-making, smoking meats and growing your own fruits and vegetables. Tom has worked the land all his life, following the old farming ways of his forbearers while Giana controls the dairy as well as keeping a keen eye on the poultry. She also manages the award-winning Gubben cheese, internationally renowned as one of the best farmhouse cheeses in Ireland. Fingal uses the pigs to make bacon and smoked goods from the Smokehouse (and has a sideline in creating beautiful knives for famous chefs) including smoked Gubben cheese, and generously uses herbs from his sister's garden for his cures. Clovisse grows chemical-free vegetables, fruit, herbs and flowers in the Kitchen Garden, and makes use of the waste by composting or feeding it to the chickens and pigs. Readers who can only dream about owning a farm like Gubbeen will find themselves longing for the rustic lives of Tom, Giana, Fingal and Clovisse. Readers will also find appetizing recipes that celebrate the farm's produce. Anyone interested in cheese, charcuterie or smoked produce will learn from a family of long-standing tradition. There are photos of heart-achingly adorable animals and breathtaking views of the lush green farm over the coast. Delight in the homey undertones of each family member's voice as the Fergusons share their time-honored philosophy and day-to-day stories over some wholesome meals.

Book Information

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Customer Reviews

Gubbeen is an exceptional insight into the running of a long-established farm that uses traditional methods cured through six generations of farming families. From how to look after your poultry, pigs and cows to cheese-making, smoking meats and growing your own fruits and vegetables, readers will delight in each section, plus the gorgeous photographs of the scenic views, adorable animals and mouthwatering food. Comprised of four voices – Tom, Giana, Fingal and Clovisse – each family member explains his or her position on the farm. Tom has worked the land all his life, following the old farming ways of his forbearers; Giana controls the dairy as well as keeping a keen eye on the poultry; their son Fingal uses the pigs to make bacon and smoked goods from the Smokehouse; and their daughter Clovisse grows vegetables, fruit, herbs and flowers in the Kitchen Garden. Recipes are included in each section to illustrate and celebrate the farm produce, resulting in a truly inspirational read.

As a child, Giana Ferguson helped to make the cheese on her father's small farm in the mountains above Alora in Spain. In her early twenties, she moved to Ireland where she met and married Tom Ferguson, whose family has lived on the Gubbeen farm for many generations. They started making cheese in 1979 and its popularity and recognition have steadily grown. Visit them online at gubbeen.com.

A beautiful portrait of coastal Irish food and the 4th (5th?) generation living on the gorgeous farm.

Hope to visit soon!!

Quite enjoyed book on Irish cooking

'If you enjoy your food this book will be a book you will refer to time and time again' All of the stories from Gubbeen will inspire everyone who reads it to appreciate their food more. After reading this book you will understand why their food tastes so great. The Ferguson family truly have a deep respect and an understanding for their land, their animals and the food they produce. Incredible

people and such a well written book

Gubbeen: The Story of a Working Farm and Its Foods is beautiful. The narrative is great, the photographs are beautiful and the recipes look good -- homemade farm cheese, yogurt, how to make pepperoni, sausages, bacon....information on smoking, notes on caring for livestock...some of the recipes besides the techniques mentioned: oxtail with Bavarian bread dumplings, mushroom ketchup (Gubbeen Worcestershire Sauce), roast garlic and chorizo soup, pulled pork with celery root remoulade sandwich, Malthouse sourdough bread and more. I want to head there and buy their incredible looking cheese. Great read and good recipes. I'm ready to buy the farm.

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